THE LANCASTER CHALLENGE

ROYAL AIR FORCE museum

Distance Log Book

Thank you for signing up to take part in the Lancaster Challenge. Please use this log to document the runs, swims, walks or jogs that will add up to your final distance.

Name on booking: _____ Age: _____

Date registered: _____ Chosen Challenge Distance: _____

You have until the 17 May to complete your challenge, and we wish you the best of luck.
We would love to see your progress so don't forget to tweet, Facebook and Instagram us using #LancasterChallenge2021 or @RAFMuseum.

Date	Time started	Time finished	Distance	Notes
04/04/2021	9:00	9:30	3.2K	Ran around my local park

TOTAL DISTANCE: _____ **DATE COMPLETED:** _____

You will need to submit your distance log by 31 May at the very latest, but please note late submission will result in medal delays. If you need more space for your distances, please complete the additional rows on the next page.

Number of pages completed: _____

Please send your completed log to info@nice-work.org.uk

Date	Time started	Time finished	Distance	Notes